

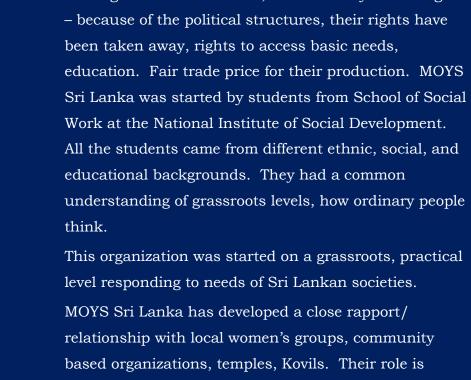


MOYS SRI LANKA

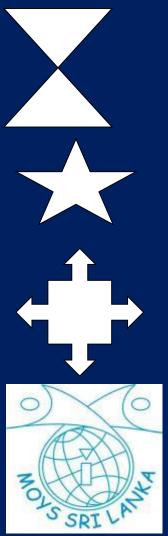


Birth of a multi culture

Empowering local people – believe that by birth, everyone has the capacity for making their own decisions, choices. They have a right



level responding to needs of Sri Lankan societies. MOYS Sri Lanka has developed a close rapport/ relationship with local women's groups, community based organizations, temples, Kovils. Their role is facilitator, trainer, mobilizes. They don't need a lot of staff members - train. Ultimate goal is to become a people's company, with shareholders,



ICEI





MOYS Sri Lanka was asked by ICEI Italy to conduct a workshop with a group of their beneficiaries in Panama on Communication Skills, Conflict Management and Leadership. Since MOYS has the expertise in the above concepts, we submitted a proposal after studying the training requirement of the target group, level of their exposure to the concepts and the capacity of the CBO. The goal was to provide a peaceful and economically

stable Women's society in Panama (West) as well as empower local social organizations to facilitate sustainable development processes in the area

Conscious of the women's level of education in the isolated village of Panama, the trainers used practical activities and examples to introduce theoretical concepts to the participants rather than using theory in a classroom environment. The women finished the workshop with enough management skills to run a small rice mill, and a business plan for marketing rice

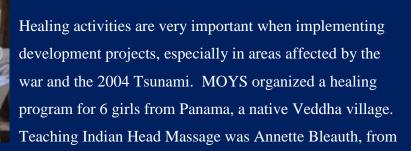
and rice powder.

Save the children

MOYS Sri Lanka developed a plan to support the salaries of teachers at 4 preschools in Panama, Namathalawa, Damana, Ampara town for 8 months. The goal was to improve the children's play ground areas, rehabilitate drinking water and sanitation facilities. MOYS Sri Lanka provided a First Aid kit and playground toys. The students and parents were taken on a field trip to Dehiwella Zoo in Colombo. for this project funded given by Save the children Sri Lanka



Indian head massage



New Zealand. She is influenced by the native healing tradition in NZ, and later developed her knowledge in the lines of Indian traditional healing. Like Panama, women in villages in Sri Lanka have practiced head massage for generations. This workshop served to reinforce their traditional practice, by encouraging and giving importance to something already a part of their lives. The girls will use head massage to continue to foster relationships with close relatives, friends and community, as stress management, and maintain healthy head and hair. The girls received a Certificate of Completion in Indian Head Massage.

Power work shops in Badulla



Power Workshops is based in the plantation sector in Badulla and Nuwara Eliya. MOYS Sri Lanka was invited to conduct workshops in conflict transformation and improve community development in plantation sector. This workshop was sponsored by the Fedrich Elbert Stiftung of Germany. We conducted five workshops with nearly 200 participants among the G.N officers, youths, women groups, and staff of Power. Most participants were Tamil tea pickers, and this experience exposed them to different cultures and ideas. The goal was to empower the participants, giving them the knowledge and tools necessary to reach beyond their limits.

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Need assessment-- rice mill in Navidanveli



MOYS Sri Lanka was asked by GVC Italy to do a needs assessment report of the paddy farming in Navidanweli. During the last two year period no government institute bought rice from Navidanweli DS Division. Previous to this, MPCS was getting paddy from farmers but at that time they lost one million rupees because of

storage problems. For storage they hired a private house but the building had rats and other insect problems – they lost a majority of the stock and the quality was significantly reduced. After that, the MPCS Board of Directors decided to suspend paddy business until they had proper storage.

Farmers now have a chance to sell their product to the Ampara Industrial Development Board. But for that, farmers have to pay lot of money for traveling and other expenses If they refuse to buy the paddy they have to pay their own transport for return 7000. Because they are taking limited amount of paddy, they have lot of quality checking and testing. Concerning all the expenses many farmers are avoiding going to Ampara. If MPCS can buy

the paddy production in the area, people can avoid all the unnecessary expenses and they can get good profit for the product. They can avoid middle man cost, time wasted, and the extra expenses – the profit would go to the farmers only, and this would also improve their quality of life.



Anuradhapura Post Harvesting Institute

MOYS Sri Lanka arranged a residential workshop at the Post Harvest Institute in Anuradhapura. Members of a women's society in Panama were trained in rice mill production. The group also visited Horrowpathana Upul rice mill conducted by Parangiya Wadiya women's development society. This field trip was arranged by a training unit of MOYS Sri Lanka with the special request of Ms. Silvia Guerzoni, the project manager of ICEI Pottuvil.



The Panama group was welcomed by the Parangiya

Wadiya village women; they explained how they started the project and the present management system. It was very encouraging to the group to see this successful working rice mill, especially because it is on a similar scale to their Panama project. After seeing women just like them putting these sustainable practices to work, it gave the group confidence in the challenging information they had learned in the workshop.

The President of the Panama Women's Development Society, Mrs. Jeevanee, expressed her thoughts later —"In the beginning, the group was a bit apprehensive with the idea of managing of a rice mill. We saw many big machines and advanced technology at the Post Harvesting Institute, and we were unsure whether our small village could conduct such a serious project. But when we were in the Upul rice mill in the Parangiya Wadiya village, we were very happy to see women like us conducting the place in a sustainable manner, and we learned more practical lessons on the cottage industry. Now we have enough courage to conduct the project."



Coming Soon in Panama! Promoting Earth Living Agriculture – Student Exchange Program

In Sri Lanka, our grandmothers are often telling us legends of our "land of milk and honey." All of the land was sacred to our ancestors, and they all shared in the pure abundance that nature offered. In modern times, the art of gardening is our way of practicing this ancient connection with the land that our forefathers enjoyed.

Now is the time for us to remember how our grandparents lived, loved and died in harmony with Mother Nature.



This garden site will be an experience in learning, living, and connecting to a vast amount of ancient knowledge. The goal is to provide traditional understanding of farming, fisheries, wild forest harvesting, and cottage industries. It has basic facilities to provide the experience of living with a local community.

common's seasonal calendar in east cost

April – Tamil / Hindu New Year, going for hunting

May - Vesak Poya, honey collecting, hunting, palu season

June- fishing I lagoon, preparing dry fish, collecting prawns, collecting

wood apple

July- kathtragama pada yatrawa, okanda festival season

September- land preparation for hena, ampitya festival

October- planting mung, ground nuts, zeamays amend other grains

November- rainy season, fishing in lagoon, collecting mushrooms, green leaves

December- ground nut harvesting season

January- start paddy cultivation

February- protecting crops from elephants

March- paddy harvesting period

Thanks to those involved:

- Women Development Society-panama
- Rural economic development Society-panama
- Women's co-banks in Lahugala, Eaththam, panama, pothuvil
- Okanda murugan kovil
- Damana Pre-school
- Viharmahadevi pre school panama
- Saraswathee pre school –Damana
- Namalthalawa Pre School
- Navagampura Pre School
- Sastrawela cave temple
- Save the children
- ICEI Italy
- ADRA
- Divisional sectary Navidanweli
- MPCS Navidanweli
- Post harvesting institute-Anuradhapura
- National institute of social development
- Power foundation Badulla
- Beach hut a, bay
- Tourism action a, bay
- Rajeeda Company
- Ukkamamage hena
- Paththing Amman kovil –panama
- Kali Amman kovil- kundumadu
- Wild honey collectors Society -Kumana

Map of working area



MOYS Sri Lanka working area in Ampara District

